

Bernardo Herzer | USC Water Polo

<https://silosolo.com/203209>

Summary

This Silo talks about Bernardo Herzer's journey in water polo, focusing on the advice he received, the importance of self-awareness and vulnerability at the collegiate level, handling challenges during the COVID pandemic, his approach to recruiting, and his career aspirations which include pursuing a master's degree and aiming for the 2028 Olympic Games.

Silo sample questions

- What advice did Bernardo receive that was particularly impactful?
- What was the most important thing for Bernardo at the collegiate level?
- How did Bernardo handle the challenges he faced, especially during the COVID pandemic?
- How did Bernardo approach recruiting for water polo?
- What are Bernardo's career aspirations and how is he working towards them?

Topics

Recruiting

Training

Challenges

Aspirations

Advice

Key Takeaways

- Bernardo received advice to not be afraid to be different from everybody else, to train differently, and to stand out in order to increase success in the sport.

- Being aware of his own strengths and weaknesses, being vulnerable with himself, and practicing to improve his weaknesses.

- During the COVID pandemic, Bernardo went abroad to Barcelona, Spain to train with semi-professional teams when pools in California were closed. This experience was life-changing for him, showing his dedication to the sport and recruitment coaches.

- Bernardo focused on dominating his position as a goalkeeper, used film to showcase his skills to coaches, and committed to USC during his junior year.

- Bernardo is working towards getting a master's degree in entrepreneurship and innovation at USC while still having 2 years of eligibility left for water polo. He also aspires to make the 2028 Olympic Games and has been working with Team USA towards that goal.

[Click here for the full transcript](#)

[Click here for the source](#)